

OUTLOOK  Reedy. For Life.

EXPEDITION GUIDE

Malawi Conservation



| | |
|---|---|
| SPRING  | SUMMER  |
| AUTUMN  | WINTER  |

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Why Go On Expedition?

Expeditions allow you to spread your wings, see and experience the big wide world and discover what you're truly capable of.

Take the leap and step outside your comfort zone to achieve more than you ever imagined:

- ✕ Accelerate your learning and life skills development
- ✕ Gain a deep understanding of other cultures and global issues
- ✕ Uncover your strengths and discover new passions
- ✕ Challenge yourself to meet new like-minded adventurers or sign up with a friend
- ✕ Build character, resilience and the confidence to face life's challenges
- ✕ Boost your CV for university and job applications

The 4 Cornerstones of an Outlook Expedition

No matter where in the world you go on expedition, there will be a rich mix of experiences from which to choose.

And ALL of our expeditions will include elements from each of the '4 Cornerstones of an Outlook Expedition'.

We work with your school and expedition team members to understand needs and wants, and then we co-create an expedition itinerary.

Components of your expedition, will be dependant upon destination and duration.

EXAMPLE COMPONENTS



COMMUNITY ENGAGEMENT

Meet indigenous communities and stay in village homestays
Take part in service-learning and community projects
Support conservation and wildlife protection efforts



PHYSICAL CHALLENGE

Trekking to altitude
Jungle treks
PADI dive qualification
White-water rafting and more...



LEADERSHIP

In-country leadership roles
Self-leading: budget management, booking transport, accommodation, activities and more
Leader-In-Me online course



ACTIVITIES / R&R

Sightseeing
Jungle camp
Kayaking
Cycling
Beach day and more...

The Outlook Programme

An Outlook expedition doesn't just start when the plane takes off. It starts the moment a team goes live!



Starting up to 24 months prior to travel

WEBINARS - LEADER IN ME - NEWSLETTERS - SOCIAL MEDIA UPDATES - EMAIL NOTIFICATIONS

 EVENTS WITH A STAR NEXT TO THEM MAY BE COMBINED BASED ON THE NEEDS OF THE EXPEDITION

Welcome to Malawi

Known as the 'warm heart of Africa' you can expect a very warm welcome and fantastic hospitality. The Southern African nation of Malawi is landlocked, sharing borders with Mozambique, Zambia and Tanzania.

The huge Lake Malawi, takes up 15% of the country's surface area and combined with the dramatic Rift Valley and seemingly endless palm fringed beaches, it's picture postcard beautiful.

Agriculture remains central to daily life, offering visitors a meaningful insight into local communities and rural culture.

Alongside this, revitalised national parks are positioning Malawi as one of Africa's most exciting emerging safari destinations.



WHY MALAWI CONSERVATION?

- Contribute to meaningful community and sustainability projects alongside local partners
- Support reforestation, water access and energy efficient stove initiatives
- Experience a Big Five safari in Majete Wildlife Reserve
- Immerse yourself in Malawian culture, language and daily life
- Explore vibrant markets and the historic city of Blantyre
- Visit a working tea estate and learn about ethical production
- Develop resilience, teamwork and global awareness

The Warm Heart of Africa

WHAT TO EXPECT

| | | |
|---|-----------------------------|-------|
|  | Physical Challenge | ★★★★☆ |
|  | Community Engagement | ★★★★★ |
|  | Activities / R&R | ★★★★☆ |
|  | Leadership | ★★★★☆ |

SAMPLE ITINERARY: 12 DAYS

SEASON: SPRING, SUMMER & AUTUMN ONLY

[other itinerary options are available for this expedition,
in addition to itineraries for expeditions of varying durations]

Day 1: Depart the UK

Day 2: Arrive in Malawi and transfer to your in country partner accommodation

Day 3: Nature walk, cultural awareness session and introduction to Chichewa

Day 4: Community partnership projects including reforestation and sustainability work

Day 5: Borehole repairs and water access projects with local teams

Day 6: Clay stove building and community engagement activities

Day 7: Visit to Blantyre and local market experience

Day 8: Satemwa Tea Estate visit and tea production tour

Day 9: Travel to Majete Wildlife Reserve and afternoon safari

Day 10: Majete Wildlife Reserve conservation experience and game drive

Day 11: Final reflections, farewell to the community and departure from Malawi

Day 12: Arrive back in the UK





Your Expedition Starts



Day 1-2

Arrival and settle in

Depart the UK and travel to Malawi, the Warm Heart of Africa. On arrival you will be welcomed by your in country partner and transferred to your accommodation. Settle in, meet your team and begin your introduction to local life and culture.

Day 3

Cultural immersion and nature exploration

Start your expedition with a guided nature walk to discover the surrounding landscapes and wildlife. Take part in a cultural awareness session and learn key Chichewa phrases, gaining insight into Malawian traditions, customs and daily life.



Day 4-6

Community partnership projects

Spend three days working alongside local partners on meaningful, sustainable initiatives. Activities may include reforestation and tree planting, assisting with borehole repairs to improve water access, and helping to build fuel efficient clay stoves for local families. Through hands on involvement, you will learn about environmental conservation, rural development and the real impact of community led projects.



Day 1

Blantyre and local markets

Travel to Blantyre to explore one of Malawi's most historic cities. Visit vibrant local markets, meet artisans and gain a deeper understanding of Malawi's history and cultural heritage.



Day 8

Satemwa Tea Estate experience

Visit a working tea estate to learn about tea cultivation, harvesting and production. Explore the estate grounds and enjoy a tasting session while discovering the importance of agriculture to Malawi's economy.

Day 9-10

Majete Wildlife Reserve safari and conservation

Journey to Majete Wildlife Reserve, Malawi's only Big Five reserve. Learn about one of Africa's great conservation success stories before heading out on guided game drives. Experience the thrill of spotting wildlife in its natural habitat while understanding the importance of conservation and protected areas.

Day 11-12

Reflection and return home

Return to your accommodation for final reflections with your group. Celebrate your achievements, consider the impact you have made and say farewell to new friends. Transfer to the airport for your return flight to the UK, arriving home with unforgettable memories and a new global perspective.



What's Included

- ✕ An Outlook team T-Shirt
- ✕ International Flights
- ✕ Comprehensive overseas medical insurance
- ✕ All overseas transport
- ✕ All food and accommodation
- ✕ All activities including any entrance fees
- ✕ A highly qualified and experienced Expedition Leader, supported by an Assistant Leader
- ✕ 24-7 support from our UK-based Operations Room
- ✕ Access to the full Outlook Programme
- ✕ A license to the renowned 'Leader In Me' online personal development course



Payment Guide

A deposit is necessary to secure your place.

The balance may be made by equal monthly payments or in 3 larger staged payments, with final payment for both required no later than 2 months prior to travel.

Refer to our Terms and Conditions for cancellation charges.

If there are insufficient expeditioners for the expedition to proceed, Outlook reserve the right to cancel, and any payments, including the deposit would be refunded.

Encourage a friend to join and we'll say 'thank you' in a useful way

What's Excluded

- ✕ Cancellation and personal belongings insurance
- ✕ Transport to and from the UK departure airport
- ✕ Personal equipment (e.g. rucksack, walking boots, waterproof clothing)
- ✕ Spending money for gifts/souvenirs
- ✕ Inoculations, prophylaxis and personal medicines
- ✕ Visas and passports

We are Outlook Expeditions

Outlook was formed in the foothills of Snowdonia in 2001, by a group of passionate enthusiasts who believed in the outdoors and expeditions as a vehicle for building character and increasing resilience.

Since then, we've taken tens of thousands of students on life-changing journeys to over 60 countries on five continents across the world.

? WHY DO WE EXIST?

To help young people get ready for life.

? WHAT DO WE DO?

We create overseas expeditions that deliver inspirational, immersive 'outside the classroom' learning experiences, that accelerate core skills development in young people

On our expeditions, individuals become team players, growing and learning through challenge, developing character, building resilience, and improving wellbeing.

We encourage responsible travel and meaningfully connect young people with the communities their visit, creating global citizens with a keen awareness of the world and their place in it.

? WHAT'S DIFFERENT ABOUT AN OUTLOOK EXPEDITION?

We believe that the real destination is the personal development of a young person.

We don't fit your needs to an 'off-the-shelf' product. Quite the opposite. We listen first, ask questions and listen again to your answers. And then, we carefully craft itinerary and destination solutions that align to your school's and participants' unique needs and wants.

From a 'bag of cash' student-led age-old expedition in Peru, to a more curated activity-driven experience in Malaysia, we co-create expedition journeys with you.

The Outlook Way

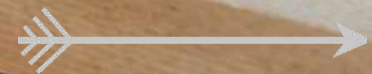
We believe that what we do and how we do it are of equal importance.

We aspire to behave in the same way that we encourage our expedition teams to behave.

Our core values are our guiding principles for working as a team and in interaction with schools, parents, suppliers, partners and expeditioners. They are embedded into every aspect of our company culture.

We call it the 'Outlook Way'.

- ✕ We have a positive growth mindset
- ✕ We work together
- ✕ We find new ways
- ✕ We believe in kindness



How we create an Expedition



EXPEDITION DEVELOPMENT

- We send experienced leaders to potential destinations to undertake recces, for both risk assessments and for expedition development.
- We'll check existing and new accommodation, transport, activities, treks, dives and more.
- We're looking at safety and potential safeguarding risks, as well as assessing the level of challenge and enjoyability.

ITINERARY DEVELOPMENT

- We work with school leaders to understand what the school and expeditioners need and want before a booking is made.
- We share example of existing itineraries, but it is not until we have a team that we together create a draft itinerary closely tailored to the expeditioners' needs and wants, in an Outlook Programme workshop we call 'Map Your Journey'.
- We will continue to refine that until issuing a Final Itinerary a month before travel.
- For our Indi Expeditions [i.e. expeditions not connected with a specific school], we use our experience to create a best-in-class itinerary for the independent expeditioners.



Nothing Worth Doing Is Ever Easy

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ACCREDITATIONS

BSI 8848 Compliance: British Standards Institution spec. for adventurous activities outside the UK

ATOL Certificate 6679: Financial protection for all flights and trips booked through Outlook

Learning Outside the Classroom (LOtC) Quality Badge: Independently assessed for effective risk management & educational value

Expedition Providers' Association (EPA): Founding & full member, promoting safety and quality in overseas expeditions

Adventure Activities Licensing Authority (AALA): Licensed to provide outdoor adventure activities to under-18s in the UK

Approved Activity Provider (AAP) for the Duke of Edinburgh's Award